

## **WHAT IS AN ANNUAL WELLNESS/PHYSICAL VISIT, HOW MUCH DOES IT COST AND CAN I ADDRESS OTHER CONCERNS AT THE SAME TIME?**

The Annual Wellness Visit (Physical Exam) is an opportunity for you and your provider to establish a “baseline” evaluation of your general health. It is also an opportunity to discuss preventative screening measures that can be potentially lifesaving when completed such as colon cancer screening. For individuals who have other medical concerns not related to preventative care such as medication refills, or lab work specific to a particular issue, we ask that you schedule a separate appointment, so your provider can fully address all of your concerns thoroughly and focus upon your preventative health during your Annual Wellness Visit.

As a part of the Affordable Care Act you are entitled to an Annual Wellness Visit at no cost to you! If your medical provider addresses medical concerns not related to the Annual Exam during your appointment, it should be noted that your insurance may charge a copay, coinsurance, and/or a deductible for services provided that are not part of the Annual Wellness Visit. We would recommend you contact your medical insurance carrier to discuss your benefits and coverage on your particular medical insurance policy.